

SUNDAY, AUGUST 1 -- Sourland Mountain Preserve, Somerset

Leaders: Stephen Kahofer, 973-356-8508 and Joan Hochbaum, 732-750-0078

Meet: 10AM Sourland Mountain Preserve Visitors Center Parking on right. A moderate 5 mile hike at a moderate pace on the Ridge Trail in the Sourlands Park. Hiking boots, lots of water and snacks recommended. Time is 2 hr and 40 minutes. Geologists describe the area as consisting of sedimentary and igneous rock some 150 to 180 million years old and formed when this mass was under the water of a sea.

MONDAY, AUGUST 2 - Tulip Springs, South Mountain Reservation, West Orange

Leader: Len Shnitzer, 732-499-9176

Meet: 10AM Tulip Springs (see map back cover). Hike over to Hemlock Falls and back by way of the Painters Point Trail. Steady rain cancels.

TUESDAY AUGUST 3 - Kincaid Trail, Pyramid Mountain, Boonton

Leader: Gail Biggs 973-401-1262 (day of hike only cell 973-769-6860)

Meet: 10AM Kincaid parking area. Moderate 5+ mile out and back hike in pleasant new area of Pyramid Mountain. DIRECTIONS: Take RT 287N to Exit 45, Wooton Ave./Boonton. Make first left and go under Rt 287 and straight up the hill to blinker light. Turn right onto Rt 511/Boonton Ave. Proceed 2 miles and turn left on Rockaway Valley Rd. (there is a jog in Rt 511 there--this is 1 mile BEFORE the regular Pyramid Mountain Entrance) Go 1.3 miles to Powerville Rd. Turn right and go 1.2 miles to Kincaid Rd and parking on right.

TUESDAY AUGUST 3 - Beat the Heat - Jockey Hollow National Historical Park, Morristown

Leader: Pat Curley 908-868-7510

Meet: 8AM for a 3 hour hike at a moderate pace. Bring snack. About 5 miles.

WEDNESDAY, AUGUST 4—Watchung Reservation, Mountainside

Leader: Mae Deas, 908-233-6641

Meet: 10AM Trailside Nature Center parking lot on Coles Avenue (see map inside cover). Walk about 4 miles at a moderate pace appropriate for the weather, on mostly shady trails. Steady rain cancels.

THURSDAY AUGUST 5 - Fort Montgomery, NY

Meet 10AM Fort Montgomery visitors center

Leader: Katya Hanson 732-530-5213 (no calls after Wed) We will hike a strong seven mile hike, more or less, based on conditions. DIRECTIONS: Take Route 9W north past the turnoff on the circle for the Bear Mountain Bridge. Immediately after crossing the bridge over Popolopen Creek, turn right to Fort Montgomery Visitor Center parking - 690 Route 9W, Fort Montgomery, NY.

ALT. THURSDAY AUGUST 5 - Cross Estate/Jockey Hollow National Historical Park, Morristown, NJ

Leader: Ellie King; 908-233-8411

Meet: 10AM Jockey Hollow visitor center parking lot. We will hike to the Cross Estate, using a variety of trails, for a total of 4-5miles overall. The flower garden will be a wonderful setting for lunch...and, we will return along the brook, back to our cars at the parking lot. **Bring lunch and water. MUST REGISTER by phone, the day before the hike.**

SATURDAY, AUGUST 7 - Watchung Trail Maintenance, 9:30am - Noon

Pre-register by calling Betty Kelly @ 908-789-3683. Meet at the old Trailside Museum Building (left side of building). Bring water, gloves, clippers, lopping shears or a bag for trash. Have fun "giving back" a little something to those hiking trails! Meet new people, learn a new skill while working in the out of doors. Trail work is held unless severe weather occurs.

SATURDAY, AUGUST 7 – Ramapo Lake, Ramapo Mountain State Forest, Oakland

Leader: Whoever volunteers

Meet: 10AM lower parking lot on Skyline Drive. Leader's choice of a moderate 4 to 5 mile hike on a variety of scenic marked trails including the beautiful Ramapo Lake. After hike send list of participants to Terry Kulmane.

SUNDAY, AUGUST 8 – Locust Grove, South Mountain Reservation, Millburn

Leader: Whoever volunteers

Meet: 10 AM Locust Grove parking lot, corner of Glen Ave. and Lackawanna Pl, across from Millburn RR station. Leader's choice of a moderate 5 mile hike through the reservation. Send list of participants to Terry Kulmane after hike.

MONDAY, AUGUST 9 - Deer Paddock, South Mountain Reservation, South Orange

Leader: Mort Weinstein, 908-654-6611

Meet: 10AM Deer Paddock Parking area Take Crest Dr. off of South Orange Ave. about half a mile to road barriers and turn right into parking area. (see map back cover). A fairly level hike to Washington Rock. Steady rain cancels.

TUESDAY AUGUST 10 - Sunrise Lake to Legend Rock, Lewis Morris Park, Morristown

Leader: Lois Mead 973-543-7611 (Cell 973-714-3545 day of hike only)

Meet: 9:30 AM Sunrise Lake lowest parking lot (downhill below boat house.)

A 6 -7 mile hike along Patriot's Path uphill along Dismal Brook. Then a steeper climb up the hill to Legend Rock and Blueberry Ridge beyond. Bring water and lunch. NOTE EARLY START.

WEDNESDAY, AUGUST 11—South Mountain Reservation, Millburn

Leader: Ellie King, 908-233-8411

Meet: 10AM Locust Grove parking lot. A very leisurely walk in the woods. Any hills can be done at your own pace. Bring lots of water. Steady rain cancels.

THURSDAY AUGUST 12 - Pyramid Mountain / Butler Reservoir, Kinnelon

Leader : Jim McKay 973-538-0756 jrmckay@verizon.net

Meet: 10AM Pyramid Mountain Parking Lot 2 (Kinnelon Baseball Diamond).

We will consolidate cars and move to a smaller lot on Fayson Lakes Rd., where hike will start & end. A 7 to 8 mi. hike on Pyramid Mountain trails and around the Butler Reservoir at a moderate pace.

ALT. THURSDAY AUGUST 12 - Campgaw/Ramapo Valley County Reservation, Mahwah, NJ

Leader: Bob McCluskie rwueasecy@msn.com

Meet: 9:45AM Ramapo Valley County Reservation parking lot. We leave promptly at 10AM to caravan to Campgaw Mt. We will hike at a moderate pace on marked and unmarked trails. Bring lunch and water. Falling rain will cancel.

SATURDAY, AUGUST 14— Watchung Reservation, Mountainside, NJ

Leader: Whoever volunteers

Meet: 10AM Trailside Nature Center parking lot on Coles Ave., where it intersects with New Providence Rd. Enjoy a moderately paced 5-6 hike suitable for intermediate hikers, on a variety of scenic trails. Rain cancels. After hike send list of participants to Terry Kulmane.

SUNDAY, AUGUST 15 — Jockey Hollow National Historical Park, Morristown

Leader: Whoever volunteers

Meet: 10AM Visitor Center parking lot. A moderate hike over various trails in the park. Perhaps visit the cemetery located in the park. Rain cancels. Send list of participants to Terry Kulmane after hike.

MONDAY, AUGUST 16 - Mills Reservation, Cedar Grove

Leader: Joe McLaughlin, 973-263-2799

Meet: 10AM Mills reservation Will follow a section of the Lenape Trail, then back on the Blue Trail. See Directions Steady rain cancels.

TUESDAY AUGUST 17 - Sparta Mountain Audubon Preserve, Sparta

Leader: Dave Hogenauer 973-762-1475 (on day of hike only cell # 973-901-0824)

Meet: 10AM We will hike about 6 miles around lakes, swamps and highlands and probably see some of Thomas Edison's old iron mines. Basically level, but the footing is rather rugged in many places with a number of moderately difficult stream crossings. Moderate pace. DIRECTIONS: From the north: Take Rt. 23 roughly 10 miles west of I-287 to Berkshire Valley Rd. (the next turn after Clinton Road). Drive south for 3 miles to Ridge Rd. Turn right and drive 2.8 miles, passing Mt. Paul Rd. a half mile before the turn off. Turn right onto Edison Rd. at the brown sign for "Sparta Mt. WMA". Soon after the turn, park on the right where there is another WMA sign. From the south: Take Rt. 15 north at exit 34 on I-80 north about 10 miles to Rt. 517north. Take 517 to route 23 and turn right going east. Turn right onto Berkshire Valley Rd. just beyond the Oak Ridge Reservoir and follow the directions above.

WEDNESDAY, AUGUST 18—Randolph Trails Circular, Randolph,NJ

Leaders: Jim and Theresa McKay, 973-538-0756, jrmckay@verizon.net

Meet: 10AM Everdale Rd. parking lot in Randolph for a moderately-paced hike of about 4-5 miles over easy terrain. DIRECTIONS: Rt. 10West about 4.7 miles west of Rt. 53, turn left on Millbrook Rd. using jughandle. Go south 0.9 miles to Everdale Rd. Turn left & go 0.2 miles to entrance of parking lot on right.

THURSDAY AUGUST 19 - Minnewaska State Park, New Paltz, NY

Leader: Alan Breach 973-875-4376 (day of hike cell 973- 229-9140)

Meet: 10AM Wildmere parking lot. GERTRUDE'S NOSE 8 miles moderate to difficult. Beautiful views while walking on trails and carriage roads. Post hiking swimming an option at lake. DIRECTIONS: Take I-87 North. Get off at exit 18, New Paltz. Turn left at the traffic light onto route 299/Main Street. Go approx. 7.5 miles on route 299, Turn Right onto route 44/55 west. Go 4 miles to Park Entrance on LEFT. Go thru gate (fee \$6.00) all the way to Lake Minnewaska (Wildmere Parking Lot)

ALT. THURSDAY AUGUST 19 -- Jockey Hollow National Historical Park, Morristown, NJ

Leader: Pat Curley 908-868-7510

Meet: 10AM Jockey Hollow visitor center parking lot. We will hike about 5-6miles on a variety of trails. The pace will be moderate and the terrain will be ups-and-downs. Bring lunch and water. Rain cancels.

SATURDAY, AUGUST 21 -- Pyramid and Turkey Mountains, Montville

Leader: Al Verdi, 973-263-8569

Meet: 10AM Pyramid Mt parking lot; see directions; 4 1/2 to 5 miles on both mountains; follow Yellow up steep, rocky trail; cross Blue (with detour to Tripod Rock); then Yellow down to White (Bear Rock); then Red/Blue back to Center. Drop out possible. Then to Turkey Mt on Yellow to White up to Valhalla Overlook, down to Yellow to cars. Moderate to Brisk; 2 miles/hour; not for beginners; no lunch stop; no registration needed; bring water

SUNDAY, AUGUST 22 – Jockey Hollow National Historical Park, Morristown

Leader: Jeffrey Sovelove Hiker_Dood@Yahoo.com.

Meet: 10 AM Visitor Center parking lot. Hike a variety of trails including parts of the Grand Loop, Blue Trail, and Yellow Trail with a stop at the reproduction Soldiers' Huts. Bring lots of water, a light snack, hiking boots.

MONDAY, AUGUST 23 – Wildflower & Forest Preserve, South Mountain Reservation, Maplewood, NJ

Leader: Dave Hogenauer, 973-762-1475 (use only on day of hike cell:973-901-0824)

Meet: 10AM Deer Paddock parking area off Crest Drive. See map on back cover. The old Deer Paddock has been turned into a wildflower and forest preserve by excluding deer. Trails have been constructed and foreign invasives cut down. Come see this new area of the park. We will also circumnavigate the fenced-in area on the outside as well. All very level.

TUESDAY AUGUST 24 - Buckabear Mountain, Pequannock Watershed, West Millford

Leaders: Jim & Theresa McKay 973-538-0756 jrmckay@verizon.net

Meet: 10AM P4 on Clinton Rd., Pequannock Watershed. This will be the start of a project to hike the West Milford Baker's Dozen (See book " The Baker's Dozen" by Don Weise, obtainable from the NY/NJ Trail Conference). A moderately paced hike of about 5 miles from P4 to Buckabear Mt. & back.

WEDNESDAY, AUGUST 25—Eagle Rock Reservation, West Orange

Leader: Ron Kuhns, 201-836-5256

Meet: 10AM hikers' parking area off Eagle Rock Ave, and just past Highlawn Pavillion. We'll do 4-5 miles of ups and downs on marked and unmarked trails.

THURSDAY AUGUST 26 - Reeves Meadow, Harriman State Park, NY

Leader: Bob Bieri 201-664-3813

Meet: 10AM Reeves Meadow parking lot for a moderately strenuous 8 mile hike along the Stony Brook, HTS and TMI trails to Claudius Smith Rock and back using different trails and unmarked woods road.

ALT. THURSDAY AUGUST 26 -- Lewis Morris County Park/Dismal Harmony, Morristown, NJ

Leader: Jim McKay 973-538-0756 jrmckay@verizon.net

Meet: 10AM Lewis Morris Sugarloaf parking lot A (Mendham Overlook). We will do a 6-7mile moderately paced hike, on terrain with some ups-and-downs...lunch will be at Legend Rock in the Dismal Harmony Natural Area. Bring lunch and water.

SATURDAY, AUGUST 28 –South Mountain Reservation, South Orange

Leader: Gail Waimon, 973-467-4761

Meet: 10 AM Tulip Springs main parking lot to the right and back by the picnic area off Cherry Lane, a continuation of Brookside Ave, Millburn just north of South Orange Ave. This will be a 4 to 5 mile hike over various trails. Rain cancels.

SUNDAY, AUGUST 29 – Jockey Hollow National Historical Park, Morristown

Leader: Jim Schlegel, 973-731-4339

Meet: 10AM Visitor Center parking lot. A moderate hike over many trails in the park. Perhaps visit the cemetery located in the park. Rain cancels.

MONDAY, AUGUST 30 – Lewis Morris Park, Morristown

Leader: Len Shnitzer, 732-499-9176

Meet: 10AM Sunrise Lake parking area, lower parking lot. Meandering trails past Sunrise Lake. See front of schedule for directions.

TUESDAY AUGUST 31 - The New AT at Bear Mountain, Harriman State Park, NY

Leader: Dave Hogenauer 973-762-1475 (day of hike only: Cell # 973-901-0824)

Meet: 10AM Bear Mt. Inn. For 5 years the Trail Conference has been rerouting the Appalachian Trail on Bear Mt (the original segment of the AT) so that it isn't as steep and will not erode as badly and increase in width as the original has. We will be walking it during the first three months of its being opened to the public. There are 800 steps and it is quite a marvel to observe. I helped during the first year of work back in 2006-7 and am still amazed at what was done. Join me in traversing the new trail. Be ready to pay \$7. for parking. About 5 miles at a moderate pace. The rerouted section is only about one mile, but we will also climb to the summit and a bit on the other side of the mountain.

TUESDAY AUGUST 31 - Beat the Heat- The Tourne Park, Boonton

Leader: Vivian Szabo 973-335-9410

Meet: 8:30AM for a 3 hour moderate-paced hike of about 5 ½ miles up the Tourne and to the lake.