

SUNDAY, AUGUST 8—Pluckemin to Oldwick Short Ride Note Leader & Time change

Leader: Lois Mead, 973-543-7611. Call to ensure ride is on.

Meet: 9AM at Bedminster I office complex parking lot. Burnt Mills Road, just west of Rts. 202/206 in Pluckemin. Driveway opposite Burger King. Park behind the bank. A moderate ride of 21 miles in Somerset County. We will stop at *the Oldwick Deli/General Store halfway through the ride. Bring or buy lunch. HELMETS REQUIRED. Rain cancels* *Be sure to register with Lois before the date, and unregister if you change your mind.*

SUNDAY, AUGUST 15—ZigZag Around the Great Swamp Note Leader & Time change

Leader: Mae Deas, 908-233-6641. Call leader THE DAY BEFORE to ensure ride is on.

Meet: 9 AM at South St. entrance to Loantaka Brook Reservation, Morristown
About 25 +/- mile ride depending on the heat, through beautiful estate country. Bring water, sandwich or snack. Two possible deli stops. HELMETS REQUIRED.. *Be sure to register with Mae before the date, and unregister if you change your mind.*

SUNDAY, SEPTEMBER 5--Paulinskill Valley Trail, Blairstown

Leader: Roy Messaros, 201-337-5004. Must register to ensure ride is on.

Meet: 10AM at Footbridge Park in Blairstown. We will ride 15-20 miles south on this scenic cinder rail-trail. Hybrids or mountain bikes please. Bring lunch and water. DIRECTIONS: Route 80 West to Route 521 (exit 12). Go north on Route 521 for 5 miles to Route 94 in Blairstown. Turn left on Route 94 and take the second left into the park. HELMETS REQUIRED. Steady rain cancels

SUNDAY, SEPTEMBER 12— Columbia Trail, High Bridge

Leader: Marianne Vlazny, 908-753-0656 or cell 917-882-1612. Call to ensure ride is on.

Meet: 10AM in High Bridge Park across from the Columbia Trail start.

About 17 miles mostly on Columbia Trail, but riding on back road along the river on the return; hybrid or better tires recommended. Lovely countryside. Rain cancels. HELMETS REQUIRED

SUNDAY, SEPTEMBER 19—Island Beach State Park, So. Seaside Park

Leader: Ada Ruesch, 732-548-2869. Must call to ensure ride is on. Call by 9PM on Sat.; leave message and PHONE NUMBER on tape. IF YOU CANCEL, CALL LEADER.

Meet: 10AM just before the entrance to the park. Flat 18 miles (possible head winds in one direction) with some interesting stops possible. Bring bike lock, lunch, plenty of liquid, and bathing suit for possible sunning on a lovely beach in September's mild climate. HELMETS REQUIRED. Steady rain cancels

WEDNESDAY SEPTEMBER 22—D&R Canal Prallsville Mill, Stockton, to Washington's Crossing. Leader Change

Leader: Diane Willer 973-627-4046 . dwiller34@gmail.com Must call or email to ensure ride is on .

Meet: 10AM Prallsville Mill, Stockton, on Rt. 29. This will be a moderately paced ride on a hard-packed gravel surface (hybrid tires recommended), for about 21 round-trip miles of beautiful scenery. Bring lunch and water. HELMETS REQUIRED. Steady rain cancels.

SUNDAY SEPTEMBER 26—Kittatinny to Allamuchy Farmlands

Leader: Carol Czajkowski, 973-539-4084. Call to ensure ride is on.

Meet: 10AM at Kittatinny Valley State Park on LIMECREST ROAD, Andover (NOT at the Visitors Center off Goodale Rd.) DIRECTIONS: I-80 to Exit 25. Rt. 206 N approx. 8 miles. Turn right at light onto Limecrest (Rt. 669). Go 1.1 mi. to State Park on left, following signs to Aeroflex Airport. A moderate ride of 24 miles in scenic farm country. Bring lunch/water. HELMETS REQUIRED. Rain cancels.

WEDNESDAY SEPTEMBER 29-- Wallkill Valley Rail Trail, New Paltz, NY

Leaders: Carolyn and Jim Canfield, 973-728-9774. Call to ensure ride is on.

Meet: 10AM Broadhead Road parking lot. This ride will be about 18 miles total on a cinder, dirt and gravel rail trail. Appropriate tires required. DIRECTIONS: Take NY State Thruway to Exit 18 West onto Rt. 299, into New Paltz, to Rt. 32 North 0.3 mile to Broadhead Road. Turn left. Parking lot is on the left. Bring lunch. Rain cancels. HELMETS REQUIRED.

SUNDAY, OCTOBER 3-- Henry Hudson Trail, Aberdeen to Highlands

Leader: Al DiCianni, 973-455-7262.. Must call to ensure ride is on.

Meet: 10AM at Firemen's Field, a ballpark at Lloyd and Gerard Rds. DIRECTIONS: Take LOCAL LANES on GSP to Exit 117A. Turn left off of the ramp, turn left at the first light, then right into the parking lot. Level ride of about 25 miles on a paved rail-trail, including a new extension along the bay to Highlands), and possibly making a detour on local roads along Raritan Bay on the return. Bring lunch. Rain cancels. HELMETS REQUIRED.

WEDNESDAY, OCTOBER 6-- Orange County Heritage Trail, Monroe, NY

Leader: Carol O'Keefe, 973-328-7599. Must call to ensure ride is on.

Meet: 10AM Crane Park, Monroe, NY. Bike this paved rail-trail of 10 miles to Goshen, 20 miles total. We will visit the Goshen Historic Track and maybe do a little extension. Road bike okay. DIRECTIONS: Take NY State Thruway to Exit 16, Harriman. Take Rt. 17 west for 4.5 miles to Exit 130 at Rt. 208. Turn left toward Monroe one mile to light at Rt. 17M, then left 0.1 mile and left again on Mill Pond Parkway. Park along this road 0.2 mile ahead. Bring lunch and water. HELMETS REQUIRED. Steady rain cancels.

SUNDAY, OCTOBER 10—Weekend Explorer, Loantaka Brook Reservation, Morristown

Leader: Al MacLennan, 973-451-1435. Must call to ensure ride is on

Meet: 10AM South Street Entrance. About 20 round-trip casual miles on various roads through New Vernon and Harding Townships to the Raptor Trust in the Great Swamp. Bring lunch. Steady rain cancels. HELMETS REQUIRED

WEDNESDAY, OCTOBER 13—Country Roads Ride, Morristown

Leader: Gail Biggs, 973-401-1262. Must call to ensure ride is on.

Meet: 10AM South Street entrance to Loantaka Brook Resv. Rolling hills ride about 13+ miles through beautiful countryside. Return through bike path and early lunch in the park. HELMETS REQUIRED.

SUNDAY, OCTOBER 17—Foliage Tour thru Somerset and Hunterdon Counties

Leader: Lois Mead, 973-543-7611. Call leader THE DAY BEFORE, to ensure ride is on.

Meet: 10 AM at Bedminster I office complex parking lot on Burnt Mills Rd. just west of Rtes. 202/206 in Pluckemin. Driveway just opposite Burger King, behind bank. A 28+/- ride through beautiful horse and estate country with lunch at Oldwick Deli/General Store. Bring sandwich or buy lunch. Bring water. HELMETS REQUIRED. Rain cancels.

SUNDAY, OCTOBER 24—Columbia Trail, High Bridge

Leader: Mae Deas, 908-233-6641 Must call to ensure ride is on.

Meet: 10AM in the Parking Lot across street from beginning of the trail, on Main St., Rte. 513, High Bridge. About 17 moderately-paced miles (can be lengthened) mostly on Columbia Trail, but riding on scenic back road along the river on the return; hybrid or better tires recommended. Rain cancels. Bring lunch or snack to enjoy in a park on return trip. HELMETS REQUIRED. Steady rain cancels.