

SATURDAY, OCTOBER 2 - Watchung Trail Maintenance, 9:30am - Noon

Pre-register by calling Betty Kelly @ 908-789-3683. Meet at the old Trailside Museum Building (left side of building). Bring water, gloves, clippers, lopping shears or a bag for trash. Have fun "giving back" a little something to those hiking trails! Meet new people, learn a new skill while working in the out of doors. Trail work is held unless severe weather occurs.

SATURDAY, OCTOBER 2 -- Lewis Morris Park, Morristown

Leader: Gail Waimon, 973-467-4761

Meet: 10 AM Entering Lewis Morris Park, follow signs to the LAST parking lot Sugarloaf (B) on the left). This is a lovely hike with some nice climbs. The hike will be a BRISK pace. Inclement weather cancels.

SUNDAY, OCTOBER 3 – Willowood Arboretum/Bamboo Brook, Gladstone

Leader: Lynn Gale, 973-763-7230

Meet: 10AM Willowood parking lot. DIRECTIONS: See 'Directions' Enjoy a 3- to 4-mile walk through two estates with interesting gardens, and woods and fields in between. This park is located at the border of Morris and Somerset counties. Bamboo Brook is in the Highlands geological province, while Willowood is in the Piedmont province, Steady rain cancels.

MONDAY, OCTOBER 4 - Loantaka Brook Reservation, Morris Township

Leader: Joe McLaughlin, 973-263-2799

Meet: 10AM Kitchell Rd parking near the pond. A stroll where you can talk and not watch your feet.

TUESDAY OCTOBER 5 - Nyack Circular, Nyack, N.Y.

Leader: Ron Kuhns 201-836-5256

Meet: 10 AM Nyack Circular parking lot. Hike 6 miles with a fair amount of climbing, but the views of the Hudson River make it all worthwhile. Steady rain cancels.

WEDNESDAY, OCTOBER 6—North Circular, Allamuchy Mountain State Park, Stanhope

Leaders: Jim & Theresa McKay, 973-538-0756 jrmckay@verizon.net

Meet: 10AM North Allamuchy Parking Lot.

(See UHC Directions to Meeting Locations, Nov.,2009 edition.)

This will be a 4 to 5 mi. moderately-paced hike on several trails.

THURSDAY OCTOBER 7 - Southern Harriman, Sloatsburg, NY

Leader: Mike Handelsman, 718-633-6129 hikermike7@yahoo.com

Meet: 10AM Reeves Meadow parking area. A moderately paced, though rather hilly, 8 to 9 mile hike to include the HTS, Seven Hills and other trails. See directions page.

ALT. THURSDAY OCTOBER 7 Buttermilk Falls/India Brook, Mendham

Leader: Jim McKay 973-538-0756; jrmckay@verizon.net

Meet: 10AM new India Brook parking lot off Ironia Road, Mendham, for a moderately paced 5-6mile hike in the India Brook Park and Buttermilk Falls Natural Area. Follow the DIRECTIONS on the website, "to Mountain Avenue"...then at the traffic light at Black Horse Inn, turn RIGHT on Mountain Avenue; go one mile to Mountainside Avenue and turn LEFT; go almost one mile to the end at Ironia Road; turn RIGHT onto Ironia Road and go 1.2miles to parking lot access road; there is a sign on the right; follow access road to parking lot on right. Bring lunch and water.

SATURDAY, OCTOBER 9 - Watchung Reservation, Mountainside, NJ

Leader: Ellen Jeydel, 908-868-7510

Meet: 10AM Trailside Nature Center parking lot on Coles Ave., where it intersects with New Providence Rd. Enjoy a moderately paced 5-6 hike suitable for intermediate hikers, on a variety of scenic trails. Rain cancels.

SUNDAY, OCTOBER 10 – Watchung Reservation, Mountainside

Leader: Pat Curley, 908-868-7510

Meet: 10AM Trailside Nature Center parking lot on Coles Ave., where it intersects with New Providence Rd. This hike will be 4-5 miles at a brisk pace. The hike can be split in two, if someone else is willing to lead a moderate paced hike. Wear hiking boots. Steady rain cancels.

MONDAY, OCTOBER 11 – C.J. Heany Trail, West Essex Park, Livingston **NEW HIKE!**

Leader: Peter Beck, 201-274-4471

Meet: 10AM Newark Academy Parking lot, left side rear of main Bldg. by Maintenance Garage. Newark Academy is on So. Orange Ave. (Rt. 510), 1st driveway west of Eisenhower Pkwy., past Livingston Mall. Steady rain cancels.

TUESDAY OCTOBER 12- Wawayanda to Pochuck Boardwalks, Vernon ** Note date change!

Leader: Carol O'Keefe 973-328-7599, Co-Leader Dave Hogenauer, day of hike only Cell 973-901-0824
Meet: 9:30AM Pochuck Boardwalk, Glenwood, NJ . We will then shuttle to Wawayanda State Park AT Crossing on Warwick Turnpike, Hewitt, NJ Approximately 8 mile hike including a walk across the Pochuck Boardwalks. If there is a need we will break up into two groups with Carol leading one group and Dave leading one. Hike the Appalachian Trail from Warwick Turnpike to Wawayanda Mountain and down to the boardwalks. Pleasant walk with some nice views. One climb of about 200 feet over 1 mile to Wawayanda Mountain, then downhill for about 700 feet in one mile. Although long for a Tuesday, the last half of the hike is almost completely level, a large amount of it being on the astounding engineering miracle of the boardwalk and suspension bridge. **NOTE EARLY MEET TIME.**

WEDNESDAY, OCTOBER 13—Tulip Springs, South Mountain Reservation, South Orange

Leader: Louise White, 973-746-4319

Meet: 10AM Tulip Springs parking lot to the right and back by the picnic area. We'll do a mix of trails, depending on conditions, for about 4 miles and 2 hours.

THURSDAY OCTOBER 14 - High Point State Park, Sussex, NJ

Leader: Joyce Breach 973-875-4376 (day of hike 973-229-9140)

Meet: 10 AM Visitor's Center on Rt.23

Moderately strenuous hike of 7-8 miles on the Monument Trail and AT. Good views and autumn colors.

ALT. THURSDAY OCTOBER 14 -- Rockaway River WMA/Mahlon Dickerson Reservation, Jefferson

Leader: Diane Willer; 973-627-4046; CELL: 973-713-3066; dwiller34@gmail.com

Meet: 9:30AM at Saffin Rock Rill parking area (one mile up Weldon Road from Rt.15)

NOTE THE CHANGE IN MEETING TIME !! We will caravan to the trailhead on Berkshire Valley Road, where we will hike the Beaver Brook Trail into Mahlon Dickerson Reservation. There will be a steep uphill at the beginning, which we will do at a slow pace, after which we will hike at our usual social/moderate pace. We will be taking a short snack break, as lunch will be later than normal. Hike will be about 6.5miles. Bring snack, lunch and water. **You MUST REGISTER with the leader the day before the hike.**

SATURDAY, OCTOBER 16 - Cedar Grove/Verona Hilltop Reservation (New Hike)!

Leaders – Ted and Ginny Sandler, 862-219-3011

Meet: 10 AM Cedar Grove Community Park Parking Lot. A new 4-5 mile brisk hike based on trails recently completed by the Hilltop Conservancy in Cedar Grove, Verona and North Caldwell. From the Cedar Grove Community Pool Parking Lot we will proceed along a wooded trail, through the old Essex County Hospital Center and up a moderate series of winding paths to the Hilltop Reservation, and the along a ridge trail to the Verona White Rock. This site was used by area settlers in the 1800s as a religious meeting place. We will return on a series of wooded trails. About 2 1/2 hours.

SUNDAY, OCTOBER 17 – South Mountain Reservation, South Orange

Leader: Louise White, 973-746-4319

Meet: 10 AM Tulip Springs main parking lot to the right and back by the picnic area off Cherry Lane, a continuation of Brookside Ave, Millburn just north of South Orange Ave. A mix of trails depending on conditions for about 4 miles and 2 hours.

MONDAY, OCTOBER 18 - Eagle Rock Reservation, West Orange

Leader: Peter Wolff, 973-731-0602, 973-239-4342

Meet: 10AM restaurant parking area.

TUESDAY OCTOBER 19 - Apschawa Preserve, West Milford, NJ*** Note change of date**

Leader: Steve Gruber 908-647-3253

Meet: 10AM parking lot at 16 Northwood Drive. A moderate hike of about six miles with some short, steep ups and downs. Nice views of the reservoir. There are two reservoirs and stream cascades.

WEDNESDAY, OCTOBER 20—Farny Area, Rockaway, NJ

Leader: Susan Jacobs, 973-402-2555

Meet: 10AM Visitors Center. Some ups and downs, with spectacular view. This will be a circular hike. We will hike UP to the Wildcat Ridge hawk watch and have an early lunch on the trail. Steady rain cancels. Bring trail lunch or snack.

THURSDAY OCTOBER 21- Sterling Ridge Walk Through at 9:30, Hewitt

Leaders: Carol and Jim Canfield 973 728-9774

Meet: 9:30 (caravan required) at Jennings Hollow in Hewitt on Greenwood Lake Turnpike opposite East Shore Drive. Hike through Sterling Forest State Park from Route 17A to Hewitt. Moderately strenuous 8+ miles.

ALT. THURSDAY OCTOBER 21 -- Delaware Water Gap National Recreational Area/Garvey Springs to Sunfish Pond

Leader: Ed Mancuso 973-744-4788; emancuso7@aol.com

Meet: 10am Douglas parking lot on the Old Mine Road in DWGNRA.

We will do a moderately strenuous 6-7mile hike, with the hardest part in the morning...we will be climbing at a leisurely and comfortable pace. Approximate elevation gain of 1400ft. on the Garvey Springs Trail to Sunfish Pond where we will eat lunch overlooking this lovely pond; after lunch we will round the pond, then follow the AT to the Douglass Trail, which will take us down, and back to the parking lot on the Old Mine Road. Bring lunch and water. **You MUST REGISTER with the leader the day before the hike.**

SATURDAY, OCTOBER 23 – Tourne Park, Boonton, NJ

Leader: Susan Jacobs, 973-627-4046; (Cell 973-713-3066 day of hike only)

Meet: 10AM. Warm-up with a climb to the top of the Tourne to see the foliage and beyond at a moderate pace. Steady rain cancels.

SUNDAY, OCTOBER 24 – South Mountain Reservation, Turtle Back Rock, West Orange

Leader: Louise White, 973-746-4319

Meet: 10 AM Turtle Back parking area in West Orange. Lot is on Walker Road near Northfield Ave, near Essex House Restaurant and Turtle Back Zoo. (See map last page of schedule) Enjoy a moderate hike of 4 to 5 miles on various trails. Rain cancels.

MONDAY, OCTOBER 25 - Turtle Back Rock, South Mountain Reservation, West Orange

Leader: Len Shnitzer, 732-499-9176

Meet: 10AM A level hike to the Girl Scout Oval and back. See map in directions.

TUESDAY OCTOBER 26 - Weis Ecology Center, Wanaque

Leader: Carolyn and Jim Canfield 973-728-9774

Meet: 10 AM Parking Lot About 6 miles at a moderate pace to mines and waterfalls. Trail is rocky. Elevation gain of 800 to 1000 feet.

WEDNESDAY, OCTOBER 27—Ramapo Mountain State Forest, Oakland

Leader: Mickey Siegel, 201-797-7054

Meet: 10AM Lower Lot on Skyline Drive--the first lot on the left at the bottom of the hill. This is a very scenic, casual hike. View beautiful Ramapo Lake. Bring lunch or a snack to enjoy at a 20-minute rest stop. Call leader if in need of additional info or in doubt about the weather.

THURSDAY OCTOBER 28 - Stoney Lake, Stokes State Forest, NJ

Leader: Alan Breach 973-875-4376 (day of hike cell 973-229-9140)

Meet: 10AM Stony Lake Parking Lot 2.5 miles into the park. We will do a 7-8 mile loop including the newer Brown, Blue Mountain, Tinsley, AT, and Tower Trails. I hope to eat lunch at Spring Cabin. Views on the AT can be beautiful. OPTION: early out after lunch via Swensen Trail.

ALT. THURSDAY OCTOBER 28 -- Raccoon Ridge/Camp Mohican, Blairstown

Leader: Carol O'Keefe; 973-328-7599; okcarol@optonline.net

Meet: 10AM Camp Mohican. We will enjoy a moderately strenuous 6+mile hike. Begin by climbing up the ridge to the AT; we'll hike along the ridge, to an overlook point for lunch, and return to Camp Mohican for an in-and-out hike. Lunch, hiking boots, and water are required. Steady rain cancels. Leader will send a cancellation e-mail to Yahoo Group by 8am, day of hike.

SATURDAY, OCTOBER 30 – Richard W. DeKorte Park, Meadowlands

Leader: Lynn Gale, 973-763-7230

Meet: 10AM parking area near the Visitor Center, located at 2 DeKorte Park Plaza, Lyndhurst, NJ. DIRECTIONS: From the parkway take Rt. 3 East to the exit for Rt. 17 South, Ridge Rd. (Lyndhurst Ave). Down the hill at a traffic light, make a right onto Polito Ave. Continue past Medieval Times to the end of Polito Ave. At the stop sign, make a left turn onto Valley Brook Ave. Follow this road all the way to its end over a mile. Cross the railroad track and keep to the left. Go through the security gate and turn right at the stop sign into the parking lot. Leader will be at the end by the security gate. This Environmental Center has almost 4 miles of salt marsh and upland trails. The views are beautiful and

wild. Lots of birds. The topography is very different from our normal hilly woods in this area. Some floating boardwalk. Heavy rain cancels.

SUNDAY, OCTOBER 31 – South Mountain Reservation, Milburn

Leader: Lee Fanger, 973-376-3160

Meet: 10AM Locust Grove parking lot, corner of Glen Ave. and Lackawanna Pl, across Millburn RR station. Enjoy a 5-mile moderate hike with some rocky sections. Wear hiking boots. Bring water. Rain cancels.